

Ayurveda Panchakarma & Rasayana Package -1

Rejuvenation Therapy / Body Purification Therapy

May to September

Room Category	07 Nights Package		14 Nights Package	
	Single	Double	Single	Double
Standard Room	875	1470	1750	2940
Garden Cottage	980	1575	1960	3150
Special Cottage*	1120	1750	2240	3500
Kerala House Standard	1365	1995	2730	3990
Kerala House Deluxe A/c	1540	2205	3080	4410
Kerala Deluxe Suite A/c	1750	2450	3500	4900

01st Oct to 19th Dec & March to April

Room Category	07 Nights Package		14 Nights Package	
	Single	Double	Single	Double
Standard Room	1190	1855	2380	3710
Garden Cottage	1260	1960	2520	3920
Special Cottage*	1435	2135	2870	4270
Kerala House Standard	1750	2485	3500	4970
Kerala House Deluxe A/c	2135	2905	4270	5810
Kerala Deluxe Suite A/c	2485	3290	4970	6580

20th December to February

Room Category	07 Nights Package		14 Nights Package	
	Single	Double	Single	Double
Standard Room	1330	2058	2660	4116
Garden Cottage	1428	2170	2856	4340
Special Cottage*	1638	2401	3276	4802
Kerala House Standard	1981	2779	3962	5558
Kerala House Deluxe A/c	2436	3290	4872	6580
Kerala Deluxe Suite A/c	2863	3766	5726	7532

Package Includes: Accommodation, Ayurveda Treatments as per package and Full-board Ayurveda vegetarian meals.

Requested Room: 5% additional on the room tariff. *Surcharge of 20 Euro for Air-condition per night.

Complimentary Offers:

Airport transfers (Thiruvananthapuram), Daily Yoga and Meditation, Interpreter for German, Italian, French and Russian language, One half-day backwater tour in a country boat (only for package booking of 14 days or more).





Ayurveda Panchakarma & Rasayana Package - 2

Slimming Programme

May to September

Room Category	14 Nights Package		21Nights Package	
	Single	Double	Single	Double
Standard Room	1820	3080	2730	4620
Garden Cottage	2030	3360	3045	5040
Special Cottage*	2310	3640	3465	5460
Kerala House Standard	2800	4200	4200	6300
Kerala House Deluxe A/C	3150	4620	4725	6930
Kerala Deluxe Suite A/C	3570	5040	5355	7560

01st Oct to 19th Dec & March to April

Room Category	14 Nights Package		21Nights Package	
	Single	Double	Single	Double
Standard Room	2450	3920	3675	5880
Garden Cottage	2660	4060	3990	6090
Special Cottage*	2940	4480	4410	6720
Kerala House Standard	3570	5110	5355	7665
Kerala House Deluxe A/C	4340	5950	6510	8925
Kerala Deluxe Suite A/C	5040	6790	7560	10185

20th December to February

Room Category	14 Nights Package		21Nights Package	
	Single	Double	Single	Double
Standard Room	2730	4256	4095	6384
Garden Cottage	2926	4480	4389	6720
Special Cottage*	3346	4942	5019	7413
Kerala House Standard	4032	5698	6048	8547
Kerala House Deluxe A/C	4942	6720	7413	10080
Kerala Deluxe Suite A/C	5796	7672	8694	11508





Ayurveda Panchakarma & Rasayana Package - 3

Stress Management Programme

May to September

01st Oct to 19th Dec & March to April

14 Nights Package			14 Nights Package		
Room Category	Single	Double	Room Category	Single	Double
Standard Room	2170	3710	Standard Room	2870	4690
Garden Cottage	2380	4060	Garden Cottage	3010	4830
Special Cottage*	2660	4340	Special Cottage*	3360	5250
Kerala House Standard	3150	4830	Kerala House Standard	3990	5950
Kerala House Deluxe A/C	3500	5250	Kerala House Deluxe A/C	4760	6790
Kerala Deluxe Suite A/C	3920	5740	Kerala Deluxe Suite A/C	5460	7560

20th December to February

14 Nights Package		
Room Category	Single	Double
Standard Room	3080	4956
Garden Cottage	3276	5180
Special Cottage*	3696	5642
Kerala House Standard	4382	6398
Kerala House Deluxe A/C	5292	7420
Kerala Deluxe Suite A/C	6146	8372

Ayurveda Panchakarma & Rasayana Package - 4

Beauty Care Programme

May to September

01st Oct to 19th Dec & March to April

10 Nights Package			10Nights Package		
Room Category	Single	Double	Room Category	Single	Double
Standard Room	1450	2460	Standard Room	1900	3100
Garden Cottage	1600	2650	Garden Cottage	2050	3250
Special Cottage*	1800	2900	Special Cottage*	2300	3500
Kerala House Standard	2150	3250	Kerala House Standard	2750	4000
Kerala House Deluxe A/C	2400	3550	Kerala House Deluxe A/C	3250	4600
Kerala Deluxe Suite A/C	2700	3900	Kerala Deluxe Suite A/C	3800	5200

20th December to February

10 Nights Package		
Room Category	Single	Double
Standard Room	2100	3340
Garden Cottage	2240	3500
Special Cottage*	2540	3830
Kerala House Standard	3030	4370
Kerala House Deluxe A/C	3680	5100
Kerala Deluxe Suite A/C	4290	5780



Ayurveda Panchakarma & Rasayana Package - 5

Ayurveda Anti-Ageing Programme

May to September

	22 Nights Package	
Room Category	Single	Double
Standard Room	3190	5390
Garden Cottage	3520	5830
Special Cottage*	3960	6380
Kerala House Standard	4730	7150
Kerala House Deluxe A/C	5280	7810
Kerala Deluxe Suite A/C	5940	8580

01st Oct to 19th Dec & March to April

	22 Nights Package	
Room Category	Single	Double
Standard Room	4180	6820
Garden Cottage	4510	7150
Special Cottage*	5060	7700
Kerala House Standard	6050	8800
Kerala House Deluxe A/C	7150	10120
Kerala Deluxe Suite A/C	8360	11440

20th December to February

	22 Nights Package	
Room Category	Single	Double
Standard Room	4620	7348
Garden Cottage	4928	7700
Special Cottage*	5588	8426
Kerala House Standard	6666	9614
Kerala House Deluxe A/C	8096	11220
Kerala Deluxe Suite A/C	9438	12716

- **Package Includes:** Accommodation, Ayurveda Treatments as per package and Full-board Ayurveda vegetarian meals.
- **Requested Room:** 5% additional on the room tariff. *Surcharge of 20 Euro for Air-condition per night.
- **Complimentary Offers:** Airport transfers (Thiruvananthapuram), Daily Yoga and Meditation, Interpreter for German, Italian, French and Russian language, One half-day backwater tour in a country boat (only for package booking of 14 days or more).



(Rates per day for Accomodation & Ayurveda Doctors consultation only)

Treatment and Diet foods rate are extra, as per Doctors consultation

Room Category	May to September		01 st Oct to 19th Dec & March to April		20th December to February	
	Single	Double	Single	Double	Single	Double
Standard Room	59	66	85	94	98	109
Garden Cottage	68	76	98	109	112	125
Special Cottage*	91	101	123	137	142	158
Kerala House Standard	127	142	168	186	191	212
Kerala House Deluxe A/c	157	175	223	248	256	286
Kerala Deluxe Suite A/c	191	212	276	307	317	354

Extra bed : 20% additional charge on the double.

Requested Room/Bed: 5% additional charge on the room rate

***Surcharge** of 20 Euro for Air-condition facility per night.

Admission time : 14.00 hrs & Discharge time: 12 Noon.

Ayurvedic Diet Food: Breakfast Euro 7. Lunch/Dinner euro 13 or a la Carte.

Non Vegetarian Diet Food: Breakfast Euro 8. Lunch/Dinner euro 15 or a la Carte

Mandatory Supplement Charge : 24th December Euro 60 per person and 31st December Euro 90 per person.

All the service and amenities listed below can be used only as per the Doctors advice.

AMENITIES : Ayurveda Hospital Rooms & Bed A/C & Non A/C. Yoga & Meditation, Ayurveda Treatments, Resident Ayurveda Doctor, Ayurveda Beauty Clinic, Ayurveda Shop, Swimming Pool, Internet Cafe, Wifi, Telephone & Fax, Mail & Message Handling, Tailoring Shop. Gift/antique Shop, Souvenir Counter, Safe Locker, Clock Room, Modern Medicine, Doctor on Call, Currency Exchange, Tour & Travel Assistance, Airport Transfer, Car Parking, Yoga Hall, Ayurveda Diet Restaurant, 24 Hour Room Service, Laundry, Beach Umbrella. Beach Deck, Beach Game, Beach Game, Beach Towel, Indoor Games, Boating, Cultural Performances etc. Hospital rooms & Beds are ensuite bath, properly ventilated with fan or A/c. hot water and phone. Sea-Facing diet Restaurant service Ayurveda & multi-cuisine specialities.

Credit/Debit Cards Accepted: Visa, Master, American Express (AMEX) & Maestro

Reservation: Will be confirmed against advance payment of the total booking amount.

Cancellation: Free cancellation is permitted only if its is made before 30 days prior to the date of admission. If not, the full amount of reservation will be charged.

Medical need is the first priority when assigning rooms, so your request for a specific type of room may not always be filled. However, every effort will be made to give you the accommodation you choose

Being an ayurveda hospital we do not recommended children below the age of 12 unless otherwise admission is recommended by the Doctors.



Kerala Deluxe Suite A/c

It is a traditional Kerala wooden house with antique doors and furniture. The suite has a living room, a bedroom and attached bathroom with hot and cold water facilities. An excellent sea view from the room and it has also a verandah overlooking ocean. The whole Kerala House has one suite-room and two deluxe rooms rented separately.

Kerala House Deluxe A/c

It is a traditional Kerala wooden house with antique doors and furniture. Deluxe House is with a bedroom and attached bathroom with hot and cold water facilities. It has a verandah with exclusive sea view. The whole Kerala House has one suite room and two deluxe rooms rented separately.

Kerala House standard

It is a traditional Kerala wooden house with antique doors and furniture. Independent villas with a verandah, bedroom and attached bathrooms with hot and cold water facilities.

Special Cottage

Special cottages are independent round or square shaped thatched cottage with full/partial sea view. It is built with natural materials of mud and bricks. All accommodations are double/twin bed, replete with a bedroom and attached bathroom with hot and cold water facilities. They are properly ventilated and provided with fan and mosquito nets. Air-conditioned cottages are optional.

Garden Cottage

Garden cottages are independent cottages with beautiful garden view. It is built with natural materials of mud and bricks. All accommodations are double/twin bed, replete with a bedroom and attached bathroom with hot and cold water facilities. They are properly ventilated and provided with fan and mosquito nets.

Standard Room

Standard rooms are replete with a bedroom and attached bathrooms with hot and cold water facilities. The rooms are properly ventilated and provided with fans and mosquito nets.





PRIME TREATMENTS IN AYURVEDA



PIZHICHIL - 14Days - 910 EURO (1 TIME 65 EURO)

In this treatment, lukewarm herbal oils are applied all over the body by two to four trained therapists in a special rhythmic way continuously for about 60 to 90 minutes per day for a period of 7 to 21 days. This treatment is very useful for Rheumatic diseases like Arthritis, Paralysis, Hemiplegia, Paralysis-Agitanus, Sexual Weakness, Nervous Weakness and Nervous Disorders etc.

NJAVARAKIZHI — 14 Days – 840 EURO (1 TIME 60 EURO)

It is a process by which the whole body or any specific part thereof is made to perspire by the application of certain medical packs externally in the form of boluses tied up in muslin bags. This is applied by two to four masseurs for about 60 to 90 minutes per day for a period of 14 days. This treatment is for all types of rheumatism, pain in the joints, emaciation of limbs, high blood pressure, cholesterol and certain kinds of skin diseases.



DHARA — 14 Days – (THAKRA DHARA & KSHEERA DHARA – 308 EURO, 1 time 22 EURO THYLADHARA — 490 EURO 1 time 35 EURO)

In this process, some herbal oils, medicated milk, medicated butter milk etc., are poured on the forehead in a special method for about 45 minutes in a day for a period of 7 to 21 days. This treatment is mainly for Insomnia, Vatha predominated diseases, mental tension and certain skin diseases.

DASHAMoola KSHEERA DHARA (1 TIME – 35 EURO)

Medicated milk is poured all over the body and head with a special vessel from a certain height in a rhythmic manner. This treatment is good for insomnia, mental tensions, headache due to Pitha dominance, menopause problems etc.

SARVANGA KASHAYA DHARA (1 TIME – 35 EURO)

This treatment is a kind of sedation therapy using herbal decoction. This is a process by which the body is made to perspire by means of pouring warm decoction from special herbs with a special vessel from a certain height in a rhythmic manner and is rubbed into the body. This method removes 'ama' or toxins from the tissues and promotes fat metabolism, removes tension from muscles and also alleviates pain and stiffness of the joints and muscles, Fibromyalgia etc.

VASTHI – 14 Days –(MATRA VASTHI – 140 EURO- 1 TIME- 10 EURO, SNEHA VASTHI — 280 EURO – 1 TIME – 20 EURO, KASHAYA VASTHI –770 EURO - 1 Time – 55 EURO)

Certain herbal oils, herbal extracts etc., are applied through the rectum daily for a period of 5 to 25 days. This treatment is for Arthritis, Paralysis, Hemiplegia, Numbness, Gastric complaints associated with Rheumatism and constant Constipation.

SIROVASTHI — 14 Days – 350 EURO (1 time 25 EURO)

Certain lukewarm herbal oils are poured into a cap fitted on the head for 15 to 60 minutes per day according to the patient's conditions for a period of 7 days. This treatment is highly effective for Facial Paralysis, Dryness of nostrils, mouth and throat, Severe headaches and other Vatha originated diseases.





UDVARTHANAM –14 Days — 308 EURO (1 time 22 EURO)

This is a typical massage with herbal powders for about 30 to 45 minutes daily for a period of 14 to 28 days. This treatment is for diseases like Hemiplegia, Paralysis, Obesity (excess fat) and certain Rheumatic ailments.

ABHYANGAM –14 Days – 210 EURO (1 time 15 EURO)

Special type of oil massage in which strokes are given corresponding to the diseases for 45 minutes per day for 14 days. This treatment is very useful for Obesity, especially for Diabetic gangrene etc.

NASYAM –14 Days – 98 EURO (1 time 7 EURO)

Herbal juices, medicated oils etc., are applied through the nose for 7 to 14 days. This treatment is highly effective for certain kinds of Headaches, Paralysis, Mental disorders, some types of Skin Diseases etc.

SNEHAPANAM – 14 Days – 182 EURO (1 TIME 13 EURO)

Medicated ghee is given internally in a proportionally increased quantity for a period of 8 to 12 days. This treatment is for Osteoarthritis, Psoriasis, Leukemia etc.

KIZHI – 14 Days – (KIZHI-PART 1 TIME 14 EURO, KIZHI- FULL 1 TIME 35 EURO)

Herbal leaves and herbs or herbal powders are applied to the whole body in boluses with hot medicated oils for 45 minutes per day for a period of 7 to 14 days. This treatment is for Osteoarthritis, Arthritis with swelling, Spondilosis, Sports Injuries etc.

DHANYAMLA DHARA –14 Days — 560 EURO

Warm herbal liquid is poured all over the body in a rhythmic way through a special vessel for 45 minutes to 1 hour daily. This treatment is very effective for Hemiplegia, Paralysis, Rheumatic complaints etc.

YONI PRAKSHALANAM – 1 Time – 10 EURO

Herbal oils and decoctions are applied through the vaginal route. This treatment is good for Gynecological disorders. It is also a purification process for genital organs.

KATIVASTHI – 1 time 22 EURO

In this process specially prepared warm medicated oil is kept over the lower back with herbal paste boundary. This treatment lasts for 45 minutes to 1 hour and it is good for any type of back pain and spinal disorders.

UROVASTHI – 1 time 30 EURO

Like Kativasthi warm medicated oil is kept over the chest for 45 minutes. This is an effective treatment for Asthma, other Respiratory problems, Heart Diseases and Muscular Chest Pain.

KSHEERADHOOMAM – 1 time 7 EURO

This is fomentation with medicated cow's milk. This treatment is good for Facial Paralysis, Bell's Palsy, Speech Disorders and other Nervous Disorders of the face.





THALAM — 1 time 5 EURO

Special powder mixed with medicated oil applying on the top of the head for 20 to 45 minutes. This treatment is helpful for ENT problems, Insomnia, Migraine etc.



LEPANAM — 1 time 13 EURO

This is a process by which medicated herbal paste is applied on the affected part. This is useful for various types of inflammatory conditions.

MARMA MASSAGE (1 TIME 30 EURO)

This massage stimulates all the vital points called "Marma" of the body. It helps to attain the equilibrium of Vatha, Pitha and Kapha. This massage is helpful for old trauma and injuries of sports, dance and martial arts. This also helps to strengthen the inner muscles and ligaments.



LEKHANEYAM- PART (1 TIME 18 EURO) LEKHANEYAM FULL (1 TIME 35 EURO)

It is a special treatment for Obesity. A very special herbal paste is massaged on the body in an upward direction. This is good for Obesity, Cellulites and to tone up the muscles and skin.

KARNAPOORNAM (1 TIME 7 EURO)

This is a process of medicated fumes applied to the ears for 5 to 10 minutes. This process helps to clean the ears and avoids ailments associated with the ear.

THARPANAM (1 TIME 7 EURO)

This is the cleaning process for the eyes, which gives them a cooling effect, prevents eye diseases and strengthens the optic nerves.

MUKHALEPAM (1 TIME 7 EURO)

This is a herbal face pack with specially made herbal powder and fresh cream. This prevents and avoids wrinkles and improves the skin tone. This is also good for the eyes.



MEDICATED STEAM BATH (1 TIME 14 EURO)

Certain precious herbal leaves and herbs are boiled and the steam is passed to the whole body for 10 to 20 minutes. This is good for certain skin diseases, to eliminate impurities from the body, to improve the tone of the body, to reduce fat etc.



PRIME BODY CARE IN AYURVEDA

REJUVENATION THERAPY (RASAYANA CHIKILSA) – 14 Days – 840 EURO

This treatment includes body massage with hand and foot by two masseurs with medicated oil and cream, internal rejuvenative medicines and medicated steam bath. This therapy is for 90 minutes to 2 hours per day for 7 to 14 days. This therapy is to rejuvenate the mind, body and soul, to tone up skin, to strengthen all systems so as to achieve ideal health and longevity.

BODY PURIFICATION THERAPY (SHODHANA CHIKILSA) –15 Days –900 EURO

It is a process of purifying the whole body to attain proper balance of Vatha, Pitha and Kapha based on the Panchkarma and Swethakarma Treatment. The 15 day package process include Body Massage, Snehapanam, Nasyam, Virachanam(Medicated purgative), Snehavasthi, Dhara, Pizhichil, Njavarakizhi, Karnapooranam, Tharpanam, Sirovasthi, Steam Bath, and internal herbal medicines.

BODY IMMUNIZATION /LONGEVITY TREATMENT (KAYAKALPA CHIKILSA) – 28 Days – 1680 EURO

This is the prime treatment in Ayurveda for reducing the ageing process, arresting the degeneration of the body cells and immunisation of the system. Giving RASAYANA (Very special Ayurvedic medicine) internally is the main part of this programme, based on the Panchakarma and Swethakarma treatment. The 28-day package process includes Body massage, Snehapanam, Virechanam, Nasyam, Snehavasthi, Dhara, Pizhichil, Njavarakizhi, Tharpanam, Sirovasthi, Karnapooranam and Medicated Steam Bath. This treatment is best effective if taken before the age of 60, for either sex.

MANASANTHY (10 Days – 900 EURO)

The human mind is full of stress and strain which creates hormonal imbalance and psychosomatic disorders such as Hypertension, Ulcerative Colitis, Ischaemic Heart Disease, Peptic Ulcer, Diabetic Mellitus, Bronchial Asthma, Migraine, Rheumatoid Arthritis etc. This is a combination of Yoga-Meditation and Ayurveda Therapy with holistic method. This treatment is very effective for stress management as well as for the purification of your body and mind helping you to attain the right balance and temperament of the mind. This therapy includes Yoga, Meditation, Rejuvenation Therapy, Dhara, Njavarakizhi, Thalam, Herbal Steam Bath, Herbal Pack etc, with intake of Herbal Medicines.

PSORIASIS TREATMENT PROGRAMME. (SIDHMA CHIKILSA) – 21 Days – 1470 EURO

This is an effective treatment for all types of psoriasis. This special Ayurvedic treatment programme lasts for 21 to 28 days. This programme includes special Lapanam, Abhyangam, Snehapanam, Pizhichil, Medicated Steam Bath and Sirovasthi along with exclusively prepared internal herbal medicines.





YOGA AND MEDITATION PER SESSION 10 EURO

- Duration of the treatment may vary according to doctor's directions with the corresponding changes in rates.
- Process may change depending upon the patient's body conditions.
- Body massage course and Yoga-Meditation course will be conducted as per request at a price.



SLIMMING PROGRAMME – 21 Days – 1365 EURO

This includes two types of massages (1) Medicated Herbal Powder Massage (2) Medicated Herbal Oil Massage. These two massages will be given for 28 days. This programme also includes medicated steam bath, intake of herbal juices and herbal tea. A very special Ayurvedic diet is advised during the treatment period.

BEAUTY CARE PROGRAMME. – 10 Days – 800 EURO

One looks beautiful and radiant only when beauty of the inner body surfaces. Inner beauty can be achieved through Yoga, Meditation and use of beauty enhancers. Outer beauty includes the obvious traits such as contours of the body, texture of the skin and the quality of the hair and nails.

Massage is the easy method for the proper circulation of vital fluids to give a beautiful lustre to the skin. In this programme herbal face pack, herbal cream massage, massage with special oils, fruit juices, herbal juices, body pack, head pack, steam bath or herbal bath and intake of herbal juices are included.

This treatment improves the skin complexion, skin tone and Muscle tone.

SPINE AND NECK CARE PROGRAMME – 10 Days – 750 EURO

This special treatment keeps your spine and neck healthy and cures problems related to neck and spine. This programme includes Special Massages, Kativasthi, Snehavasthi, Kashayavasthi, Pizhichil, Njavarakizhi, Special Exercises etc.

REJUVENATION MASSAGE – 1 Time - 25 EURO

This massage includes whole body massage with herbal oil or herbal powder by hand and foot, head massage, face massage for one and half hours. This is good for rejuvenating the body, to reduce mental tension, sexual weakness, to improve vitality etc.

BODY UZHICHIL – 22 EURO

Body massage with herbal oil or herbal powder by hand to tone up the body and to improve the blood circulation etc.

AYURVEDA ANTI AGEING PROGRAMME – 22 Days – 1760 EURO

The various cells and tissues of the body undergo changes as age advances. So it is necessary to rejuvenate the body systems for a better harmony of the body, mind and soul. Ayurveda prescribes treatment for repairing the wear and tear of the body due to ageing process. After proper purification by evacuating measures, one can increase the vital energy called 'ojas' which improves strength and vitality through the 'Rasayana' intake.

This process ensures prolonged lifespan, youthfulness, good health, fine complexion, stoutness, intellect, power of retention and strength. The 28 day package process includes body massages with special oils and herbal juices, njavaratheppu (Massage with rice pudding), narangakizhi, kayasekam with medicated oil or decoctions or milk, snehapanam, virechana, ksheeravasthi, snehavasthi thalapothichil, sirodhara, head massage with special herbal juices, thalam, srubhath, herbal bath, steam bath and Rasayana intake with very special diet.



AYURVEDA PANCHAKARMA & RASAYANA PACKAGES

Rejuvenation Therapy | Body Purification Therapy | Slimming Programme | Stress management Programme | Beauty Care Programme | Ayurveda Anti Ageing Programme

Each of the above packages includes the following services for the duration of stay

- Accommodation as per category of booking
- Daily Ayurveda treatments
- Ayurvedic vegetarian full board meal
- Initial, daily and final consultation with the doctor
- Free medicines during the treatment period
- Composition of an individual Ayurveda diet menu

The following services are provided complimentary along with every package booking

- Daily one Yoga session
- One half-day backwater tour in a country boat (only for package booking of 14 days or more)
- Airport transfer from Thiruvananthapuram
- German, Italian, French and Russian interpreters

Any other services will be stated clearly along with the respective package.

Duration of the treatments may vary according to the direction of the doctor and process may change depending upon the patient's body condition.

Final decision of the programme will be taken by the consulting doctor.

Discounts

- Loyalty discount

Repeated guestbooking 5% discount againsts the following conditions:

- Advance information of loyalty-status
 - Period of stay exceeds 6 overnights
 - The booking is handled through the same agency as before
 - Applicable on accommodation - & package-rates
- Any stay exceeding 21 days - 5% discount on the room rent or package rate
 - Any stay exceeding 28 days - 10% discount on the room rent or package rate

The above discounts cannot be combined with any other special offers or other discounts unless specifically mentioned.

Accredited by



National Accreditation Board for Hospitals & Healthcare Providers



**Green Leaf By
Government of Kerala**



**European Adult
Institute Wellness
& SPA e.v**



**British Standards
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